



Crestwood Pre-school

Safeguarding and Welfare Requirement: Health

Providers must ensure children can play safely in the sun.

Health

6.10 Sun Protection Policy

Policy Statement

Too much exposure to ultraviolet (UV) radiation from the sun causes sunburn, skin damage and increases the risk of skin cancer. Sun exposure in the first 15 years of life contribute significantly to the lifetime risk of skin cancer.

At Crestwood Pre-school we want all staff and children to enjoy the sun safely. We will work with staff, parents, and carers to achieve this.

Procedures

- We will have developmental discussions with children regarding how to stay safe in the sun.
- We will ensure all staff understand how to keep themselves and children safe in the sun.
- We will provide shaded areas in the garden for children to play under.
- We will provide continuous access to fresh, cold water and encourage children to drink to stay hydrated.
- We will ensure parents know to apply suncream to their children before attending each day when the weather requires it.
- We will ensure all children have access to their own named sun cream which needs to be a minimum of SPF 30 as recommended by the NHS.
- For children who do not have any we will provide hypoallergenic suncream and ensure parents have signed the registration form to give us permission to apply this.
- Staff will help children to reapply sun cream after lunch to ensure children remain protected in the garden.
- We will ask all parents to ensure their child has their own named sunhat.
- We will ensure children wear sunhats when in direct sunlight. Any child not wearing a sunhat will be kept in the shade.

This policy was adopted at a meeting of Crestwood Pre-school Committee

Held on _____ Date to be reviewed _____

Signed on behalf of the management committee _____

Name of signatory _____

Role of signatory _____