



# Crestwood Pre-school

## Safeguarding and Welfare Requirement: Health

Providers must ensure there are suitable hygienic changing facilities for changing any children who are in nappies

### Health

#### 6.4 Nappy changing

##### Policy Statement

No child is excluded from participating in our setting who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent. We work with parents towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time.

We provide nappy changing facilities and exercise good hygiene practices in order to accommodate children who are not yet toilet trained.

We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults.

##### Procedures

- Key persons undertake changing young children in their key groups: but other staff members change them if the key person is absent.
- Young children are changed within sight of other staff whilst maintaining their dignity and privacy at all times.
- Changing areas are warm and there are safe areas to lay young children if they need to have their bottoms cleaned.
- Each young child has their own bag to hand with their nappies and changing wipes.
- Gloves and aprons are put on before changing starts and the areas are prepared.
- All staff are familiar with the hygiene procedures and carry these out when changing nappies.
- In addition, key persons ensure that nappy changing is relaxed and a time to promote independence in young children.
- Young children are encouraged to take an interest in using the toilet; they may just want to sit on it and talk to a friend who is also using the toilet.
- They should be encouraged to wash their hands and have soap and towels to hand. They should be allowed time for some play as they explore the water and soap.
- Anti-bacterial hand wash liquid or soap is not used for young children.

- Key persons are gentle when changing; they avoid pulling faces and making negative comments about 'nappy contents'.
- Key persons do not make inappropriate comments about young children's genitals when changing their nappies.
- Older children access the toilet when they have a need to and are encouraged to be independent.
- Nappies and soiled clothes are appropriately bagged for the parents to take home.
- NB If young children are left in wet or soiled nappies/'pull ups' in the setting this may constitute neglect and will be a disciplinary matter. Settings have a 'duty of care' towards children's personal needs.
- We are able to refer families to their Health visitor or local children's centre for extra help and support with toilet training if needed.

Risk Assessments are in place to protect children and staff whilst changing a nappy, especially when the child has a diagnosed or emerging Special Educational Need.

**This policy was adopted at a meeting of Crestwood Pre-school Committee**

Held on \_\_\_\_\_ Date to be reviewed \_\_\_\_\_

Signed on behalf of the management committee \_\_\_\_\_

Name of signatory \_\_\_\_\_

Role of signatory \_\_\_\_\_